



Fit4Less

UCD Sports Centre

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www.ucd.ie/sport/fitnessclasses

Our Yoga & Pilates Courses will resume September 2011, If you would like to join our mailing list to keep up to date with all Timetables and Registration details please email fitnessclasses@ucd.ie.



For further information please contact UCD Sport Centre Reception Tel 01 - 7162145

