



UCD Sports Centre

Pay as You Go Fitness Class Timetable

January 2013

Monday	Class	Hall	Price UCD Students	Price UCD Staff / General Public
1.10PM	Cardio Box	B	FREE*	€4.00
6PM	Circuits	B	FREE*	€4.00
7PM	Core & Tone	A	FREE*	€4.00
Tuesday	Class	Hall	Price	Price
6PM	Cardio Box	A	FREE*	€4.00
7PM	Boot Camp	B	FREE*	€4.00
Wednesday	Class	Hall	Price	Price
1.10PM	Core & Tone	B	FREE*	€4.00
6PM	Circuits	A	FREE*	€4.00
7PM	Pilates	A	FREE*	€4.00
Thursday	Class	Hall	Price	Price
6PM	Cardio Box	B	FREE*	€4.00

*UCD Students must present their student cards at the class.

*Classes will have a 40-45minutes duration

*All payment/Booking for classes taken at the entrance of the class location

This timetable will run from Week of January 21st - Week of May 26th 2013 (inclusive)

For Further information please do not hesitate to ask at reception of the UCD Sports Centre or call us on 017163821 or e-mail fitnessclasses@ucd.ie

UCD Sports Centre, Belfield, Dublin 4.

Tel: 01 716 2145/2185

Web: www.ucd.ie/sport/facilities

www.facebook.com/UCDSportCentreFacilities