

Psychology Services at the Hospitaller Order of St. John of God

An applicant who is offered and accepts a place on the UCD Clinical Psychology Doctoral programme sponsored by the Hospitaller Order of St. John of God contracts to work in the Order services for six years: three years during training and three years post-training. For each intake of post-graduates on the UCD course, the Order usually funds three places. Such sponsorships come from the following services:

St. John of God, Kildare Services

St. John of God Kildare Services provide person-centred services to children and adults who have intellectual disabilities. Services are offered to approximately 370 people of all ages (from Early Services to Retired Adults) and diverse abilities (ranging from the mild to profound levels of intellectual disability) and needs. These services include centre-based (at St. Raphael's in Celbridge) and community-based (Celbridge, Maynooth, Leixlip, Clane) residential and day programmes. Psychological services are provided within an established Multidisciplinary Clinical Team which includes Psychiatry, Social Work, Occupational Therapy, Physiotherapy, and Speech and Language Therapy. This work includes clinical assessments (cognitive, neuropsychological, behavioural); psychotherapy (individual, group); staff and carer support and training; and the formulation, implementation, and evaluation of multi-element behaviour support programmes. There are opportunities to gain experience in a range of areas such as Challenging Behaviour, Dual Diagnosis, Autism, and Multiple Disabilities. There are ongoing research opportunities with excellent organisational support.

Carmona Services

Carmona Services' mission is "to provide services & supports for people with an intellectual disability who reside in its South Dublin catchment area, so that they can achieve their personal goals & outcomes in accordance with the values & ethos of the Hospitaller Order of St John of God". Carmona Services provides supports to about 350 children & adults across the life-span. It provides community & residential programmes. Within the Psychology Department there is a Principal Psychologist, Senior Psychologist, and Clinical Psychologist. Psychology is involved in all parts of service provision and actively supports the inclusion of children and adults in their local communities. For example, Psychology plays an important role in supporting children with moderate intellectual disability in mainstream schools and in supported employment for adults. Psychology works as part of a well established clinical team which is comprised of Psychiatry, Social Work, Speech & Language Therapy, Occupational Therapy, Physiotherapy, Behaviour Practitioners, Pastoral Care and Dietician. As a Psychologist you can expect to gain experience in the following: psychological assessment of children and adults; developing psychological interventions for children and adults (such as, individual therapy, group work, and positive behaviour support). Psychology is also involved in supporting families, training staff and programme development. Psychology plays an active role in research is this is encouraged and supported within the department.

St. John of God, Menni Services

SJOG Menni Services provide variety of community based educational, training and care services to people with intellectual disabilities across the life span. Primarily, there are three programme areas, which include Menni Day Services, Menni Residential, Respite & Supported Living Service and Menni Enterprises. Also there is St. of John of God Special School at Islandbridge. Approximately 450 service users & families avail the service of SJOG Menni Services. Menni Services provide services in the geographical area of South West Dublin. Three Main centres are located at Islandbridge, Bluebells and the Exchange Hall Tallaght. While, overall about two-dozen service units including residential homes & others are dotted in the South West Dublin area. The skills an applicant can expect to develop training and working as a Basic Grade Clinical Psychologist at Menni include assessment, intervention and education-training skills within an MDT approach in the following areas:

- Early Services & interventions
- Day care services
- Rehabilitation programme
- Respite services
- Positive behavioural support for Challenging Behaviour
- Supported Living
- Residential Homes
- Special School
- Supported employment & related training programmes
- Working with families
- Opportunity to work with other agencies including education, HSE & ID services.

St. John of God, North East Services

St. John of God, North East Services provides a comprehensive range of different services to children and adults with a moderate/severe/profound learning disability in Co. Louth and south Co. Monaghan areas. Residential services for adults are provided on campus at St. Mary's Drumcar where there are 237 full time residential placements available. Most of these service users have severe/profound learning disabilities and a significant number also have dual diagnosis and challenging behaviours. This population is ageing and the emergence of deteriorating conditions such as, Alzheimer's disease is becoming more frequent. Day services placements are also provided on campus.

Community based residential services are provided by our 'Domus' Services to 66 service users in staffed houses within the community, most are located within sub-urban settings in Drogheda, Dundalk and Ardee. Day services are provided to this group and to other service users living in their own homes, in community based centres located in Drogheda and Dundalk.

Community based day services provision ranges from care and support within Special Care Unit settings for adults with severe/profound learning disabilities. Activation

services are provided to service users that can cope with greater challenges. Sheltered workshop facilities and supervised employment opportunities are available to the more able group within the population catered for.

In conjunction with the local HSE Early Intervention Services, a limited early intervention services is offered to children from age 2 years of age, comprising assessment, generating and supporting Individual Development Plans and evaluation and review.

A Department of Education school is also located on campus and provides approximately 40 places to children with a moderate learning disability from age 4 to 18. Two Special Care Units, located in Drogheda and Dundalk provides care and support to up to 20 children with severe/profound learning disabilities.

Adult and child respite services are provided on campus.

Psychologists in clinical training could expect to gain experience and skills in the following areas:

Experience:

- Opportunity to work with children and adults with moderate/severe/profound learning disabilities.
- Gain experience of working with service users with; dual diagnosis, challenging behaviours and age related deteriorating conditions.
- Working with other disciplines in a range of different settings, community, residential, educational, and day services.
- Consultation with families and staff.
- Group work with service users.
- Research Opportunities

Specific Skills include:

- Intellectual and Developmental Assessment.
- Adaptive Behaviour Assessments.
- Autism Spectrum Assessments.
- Dementia Assessments.
- Developing and evaluating Individual Developmental/Programme Plans.
- Developing an effective consultative approach to working with issues and concerns.
- Conducting comprehensive behavioural assessments and developing and monitoring positive behaviour support plans.

St. John of God Hospital, Stillorgan, Co. Dublin

St John of God Hospital is a private 175-bedded Psychiatric Hospital. The multidisciplinary team lead by the Consultant Psychiatrist is the model of care. Each team includes a half- time Clinical Psychologist, Psychiatric Social Worker, Occupational Therapist and Primary Nurse. Multidisciplinary team meetings provide the forum for

referrals, case formulation and treatment plan. Currently there are seven multidisciplinary teams in the Hospital.

The Psychologist in Clinical Training will gain experience in the full range of diagnostic categories found within general Adult Psychiatry. These include all Psychotic Disorders, Schizophrenia, Mood Disorders, Bi Polar Affective Disorder, Anxiety Disorders, Panic, Post- Traumatic Stress, Neuroses, Personality Disorders.

The Hospital also has Specialist Units for;

- High Risk Clients.
- Alcohol and Drug Dependence.
- Old Age Psychiatry.
- Adolescence.
- Eating Disorders.
- Psychosis.

The role of the Clinical Psychologist involves differential diagnosis, neuropsychological, cognitive and personality assessment. Evaluation regarding suitability for therapeutic input and psychological consultations are carried out. Therapeutic input is provided on an individual and group basis. Cognitive Behavioural Therapy is the model of choice however the Psychologist can expect to also gain experience in Systemic, Psychodynamic and Family therapy. Examples of groups run within the Psychology Department include Self-Esteem, Anxiety, CBT for Anorexia Nervosa, Maintaining Mental Health for the general client population and for the elderly.

There is a wide range of opportunity for ongoing Professional Development within the Hospital as it is a teaching and training facility for the Royal College of Psychiatrists, Occupational Therapy at Trinity College and Nursing at UCD.

The Order Services is highly committed to Research and provides its own grant funding for clinically based research. The Department of Psychology in conjunction with Dr Barbara Dooley of UCD obtained a grant for researching the Eating Disorder Programme. The possibilities for research are endless, valued and well supported.

The Saint John of God Hospital is ideally located in South County Dublin set in landscape gardens with sea views and no parking problems. The staff canteen has won numerous awards and last year won the “Best Catering Institutional Award.”

Cluain Mhuire Service

Cluain Mhuire Service is a community based adult mental health service, covering a population of about 170,000 people in the south-eastern area of Dublin. We offer a comprehensive psychological service to adults aged 18 – 65 years, who have a wide range of mental health difficulties. Cluain Mhuire purchases inpatient beds from a local private hospital, when necessary. We also have an Acute Day Hospital, a longer term training and day facility, several drop-in centres, and a sheltered workshop. We also offer a residential rehabilitation programme, ranging from 24 hour supported hostel placement,

through to group homes in the community. However, mostly the psychologists work in the Out Patient Department in Cluain Mhuire Family Centre. Psychologists generally have a half time attachment to a specific multi-disciplinary team and then run specialist programmes, which are open to all service users (e.g. CBT group therapy for depression or OCD). A basic grade psychologist working in Cluain Mhuire should be able to avail of opportunities to develop their assessment and therapy skills working with adults with mental health problems. Group therapy (especially group CBT) is a strong feature of the work of the psychology department. Cluain Mhuire has a strong research ethos and there are on-going research opportunities, with excellent research support resources.

Lucena Services

There are a number of Lucena Clinics across south County Dublin and East Wicklow, each providing a full multidisciplinary child and adolescent mental health service to children and young people referred mainly by General Practitioners. Child Clinical Psychologists are involved in intake assessments and provide a range of therapeutic interventions [on their own and with multidisciplinary colleagues] for individuals, families and groups. There is a strong emphasis on evidence based practice, collaborative working within Lucena itself and across agency boundaries as well as on peer support and supervision. Child Clinical Psychologists are actively involved in various research programmes.