



YOUR UCD STUDENT UPDATE

Find out what's happening in your community

25K+

STUDENTS

80+

SOCIETIES

150

EVENTS
EACH WEEK

50+

SPORTS
CLUBS

WWW.UCD.IE/STUDENTS



UCD Library Announces Increased Study Capacity

In line with further easing of restrictions relating to COVID-19, we are pleased to make available more study space in all UCD libraries, while keeping our seat booking system in place. Please book your seat via the [website](#).



Didn't get a Scarf?

Stage 1 and Stage 2 students have had the opportunity to collect a UCD scarf at welcome events over the past few weeks. If you missed these events you can collect a scarf at Astra Hall reception in the Student Centre for the next week.



Movies @ UCD Cinema

Located at the UCD Student Centre, UCD Cinema guarantees you a unique cinematic experience on your doorstep. Screening all the latest commercial and cultural movies daily at an unbeatable student-friendly price, make sure you reserve your seat [today](#).



Smarter Travel Campus - Moby Ebikes now available on campus

Moby electric bike sharing is now available on campus. Download the app, register and just scan, unlock and ride! Visit our [website](#) for details.



Time Management Tips from UCD Student Advisers

Managing your time effectively can help you perform at your best and manage stress levels. You'll find some helpful tips on [Reachout website](#). If you feel overwhelmed or need advice, please contact your [Student Adviser](#).



Ending Period Poverty - Free period products for students in James Joyce Library

We are pleased to announce a new collaboration with UCDSU and the Dean of Students, that provides free period products in the women's, men's and unisex/disabled toilets in the James Joyce Library. Find dispenser location maps on the [UCDSU website](#).



Bereavement Support Group - Commencing Wednesday, 3 November 2021

A Bereavement Support Group will commence on **Wednesday, 3 November** from **4pm to 5.15pm** for 5 consecutive weeks in the Harmony Room, UCD Student Centre. For details contact Bronagh.hanna@ucd.ie UCD Student Counselling.



Become a Sports Camp Coach | Last Day to Apply

UCD Sport is seeking Students who have experience working with children for their upcoming Multi-Sport Halloween Camp. Be part of the team by applying today. For more information, [download](#) the job details.



Koru Basic Mindfulness Commencing Tuesday, 2 November, 12.15pm to 1.30pm

Open your mind. Manage your stress. Learn mindfulness & meditation. [Join](#) our free 4 week course. **Tuesdays, 2 – 23 November, 12:15 – 1:30 pm** at the Harmony Studio, Student Centre.



What it Takes to Thrive in Global Teams

Wednesday, 20 October, 18:00, [join](#) dynamic alumni Nicali de Guzman (Wolfgang Digital), Emmet Daniel (Hubspot) and expert Dr Linda Yang (Intercultural Development Programme, UCD) as they share how developing your intercultural competence can help you in work!



Talking Towns Seminar 2: Participation in Design and Planning

Seminar 2 **Thursday, 4 November, 1-2 pm**: Community participation in design and planning in towns. Talking Towns is a new seminar series organised by UCD Centre for Irish Towns and UCD Earth Institute. Register via [Eventbrite](#).



Reminder: Complete the Faith & Religion at UCD Survey and Share your Views

EDI, the Multicultural Group, and the UCD Chaplaincy are keen to find out how many faith traditions are represented on campus, how we can better support religious practice. Please complete our [survey](#) which closes on **Wednesday, 20 October**.



UCD In Conversation: Climate Neutral Dairy Farming

Thursday, 21 October 7:00pm: Join Professor Kevin O'Connor, Dr Fionnuala Murphy and Enda Buckley, Director of Sustainability at Carbery, for a stimulating discussion on the Farm Zero C Project. Register via [Zoom](#).



Online Stop Smoking Course provided by St Vincent's University Hospital

SVUH will be running a new Stop Smoking Course on **Mondays from 8 November**. This course will provide you with the support and skills needed to stop smoking. To register, or for more information, phone (01) 221 4958 or email smokingservice@svuh.ie.



Faith & Religion at UCD

If you would like to be part of a working group that explores Faith and Religion at UCD as part of UCD's Equality, Diversity and Inclusion Multicultural Group plan, please email edi@ucd.ie.



Sharing Knowledge and Experience in Coastal Management and Climate Adaptation

Coastal Communities Adapting Together (CCAT) is hosting a free online event over three mornings **19-21 October** to share knowledge and experience in coastal management, climate change adaptation and mitigation. Register via [Zoom](#).

The UCD Student Update is published fortnightly on a Tuesday during the academic term by the [Communications Office, UCD Registry](#).