



### **UCD Sports Expo 2024**

This event provides an excellent opportunity for students to explore and join any of our sports clubs. The Sports Expo takes place in Hall B, UCD Sports Centre between 10am to 5pm from Monday, 16 September to Thursday, 19 September 2024. We hope to see you there!



# Have Your Say on Campus Food, Health & Sustainability

Calling all UCD students (aged 18-30 years)! Join our pioneering Living Lab study - Let's create a healthy and sustainable campus together! Sign up today and learn more about the study and the benefits of being part of our community!



#### **Hello from your Student Adviser**

UCD Student Advisers are here to help make your experience at UCD as fulfilling as possible. We provide confidential support to explore any issues of concern. If you need to talk, find your Student Adviser here.





A Bereavement Support Group for UCD Students will commence on Wednesday, 25 September 2024 from 4pm to 5.30pm for 4 weeks. The support group is intended for UCD students who would like to learn new and supportive ways to reclaim moments of contentment and happiness while honouring those with whom they have lost. The Bereavement Group is modelled on the Taos Institute Programme where Student Counselling and Chaplaincy work together as a support for one another with the theme of the group being "Breathing Life into Stories of the Dead". Please contact Bronagh.hanna@ucd.ie for further details.



#### **UCD Volunteer Fair 2024**

Join us at the UCD O'Brien Centre for Science East on **Wednesday, 9 October from 11am - 2.30pm** and chat with

a wide range of visiting community organisations with plenty of volunteering opportunities on offer! Register your place through Eventbrite.



## Students as Partners in Teaching and Learning - apply now

Are you a student eager to make a lasting impact on teaching and learning at UCD? We're recruiting for the Students as Partners initiative for 2024/25. Collaborate with staff, enhance learning, and gain valuable experience. Find out more on our website.

### Racial Capitalism across the Black/ White Atlantic



This lecture takes place on **19 September** and explores what is meant by 'racial capitalism', a term that is used to focus on the centrality of racial inequalities to the formation of the modern world. It draws on work on eighteenth-century England and Jamaica.



#### **UCD Career Mentoring Programme**

The Career Mentoring Programme will give you an opportunity to meet and network with professional mentors who will offer support in developing your career ideas, clarifying your goals and improving your employability attributes.



# MIEA Mindfulness Workshop Commencing Tuesday, 1 October @ 4pm to 5.15pm

Student Counselling are running another Mindfulness workshop for all UCD registered students commencing on **Tuesday 1 October from 4pm to 5.15pm** for 4 consecutive weeks.

Please email Themindfulstudent@ucd.ie if you are interested.



### Open Access Computer Labs now running Windows 11

During the Summer break IT Services staff have been busy upgrading the operating system on the open access computer lab PCs to Windows 11. This change won't affect any of the teaching software installed. See our knowledge article for more information.

# **Invitation to Join Us - UCD Research Culture Award Ceremony**

UCD Research Culture team invites you to join us for an award ceremony on Tuesday, 17 Sept. 2024 @ 2-3.30pm to celebrate the first grants of the UCD Research Culture Local Actions,

Initiatives and Measures (ReCLAIM) scheme at the Kevin Barry Gallery.



### Free sci-fi film screening: 'Sleep Dealer' - 25 September, 5pm

AI Futures Sci-Fi film series - all welcome! Date: Wednesday, 25 September Venue: UCD O'Kane Centre for Film Studies (The Observatory) Time: 5pm (Meet at Theatre L Newman at 4.50pm to walk over) Free! Email jenny.costello@ucd.ie for tickets



#### **Career Action Plan for Graduate Researchers**

A 12-week career development programme for graduate researchers featuring live workshops, alumni Q&A and follow-up resources on MyCareer and Brightspace. Workshops take place online every second Wednesday (next one 25 September) - book on MyCareer.



## View the new UCD Community Engagement Report

UCD in the Community is delighted to present the new UCD Community Engagement Report. This report highlights and showcases the wide variety of community engagement that is happening across UCD. You can view the report on our website.



### Applications for the 1916 Bursary are now open!

If you are eligible for SUSI special rate, a first time entrant pursuing an undergraduate course in 2024-2025 and have been a resident in the Irish State for 3 of the past 5 years, then you might be eligible for the 1916 Bursary.



#### **Build your research skills with UCD Library**

Our free workshops for UCD students commence on 25 September. See what's on offer and book your place on our Training Page. Topics include Open Access publishing options, systematic reviews, using LinkedIn, how to publish with impact and more.



### **Career Essentials Workshops**

Need a hand constructing your CV, preparing for interviews, applying for jobs or polishing your LinkedIn profile? Our Career Essentials series (Sep-Nov) is here to help! 45-minute career workshops on Belfield campus. Open to all students.



### **Achieve the UCD Advantage Award**

The UCD Advantage Award is a prestigious University Level award. It recognises the skills you have gained through co-curricular activities. Achieve the award, improve your CV and job applications and stand out from the crowd!

The UCD Student Update is published fortnightly on a Tuesday during the academic term by the Communications Office, UCD Registry.



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