



YOUR UCD STUDENT UPDATE

Find out what's happening in your community

25K+

STUDENTS

80+

SOCIETIES

150

EVENTS
EACH WEEK

50+

SPORTS
CLUBS

WWW.UCD.IE/STUDENTS



Staying Motivated as the Term progresses

With assignment deadlines piling up and exams around the corner, it's important to look after your mental and physical health. Find out more about [helpful supports and tips](#). If you need to talk, find your [Student Adviser on our website](#).



Registration 2024/25 - Upcoming Key Date

Drop any unwanted Autumn modules by **Friday, 1 November 2024**. Your School/College Office will help you. Friday, 1 November is also the first 2024/25 deadline for withdrawing from your programme or applying for a Leave of Absence (if eligible). More information is available on the [Key Dates calendar](#).



UCD Smurfit School Pop-Up at UCD Village - Tuesday, 5 Nov -12-2pm

Learn more about the wide range of programmes on offer to both business and non-business graduates and speak to a member of the Smurfit Admissions Team. Free tea/coffee if you [register and attend](#).



Pop Up Lunchtime Recital

The As Astra Performing Arts Scholars are delighted to invite you to a pop-up lunchtime recital on 6 November from 1:15pm - 2:00pm on the 4th floor of the O'Brien Centre for Science. This recital will feature performances of baroque, classical and romantic repertoire.



Would like some help getting active? Join the ACE Programme today!

UCD Physio Hub is currently recruiting for our November/December and New Year programmes. These are free 4-week exercise programmes (ACE) for inactive students/staff. Contact the Physio Hub team today at aceprogrammeucd@gmail.com



Find out about UCD Volunteers Overseas at our lunch-time Info Session. All Welcome!

Are you interested in volunteering in Tanzania, Uganda or Cambodia and taking part in our global citizenship programme? Come to our info session on **Mon 4 Nov, 1:10-1:50** in the Village Auditorium, UCD Village. [Register today!](#)



UCD Smurfit School Open Evening - Wednesday, 13 November 13 from 3.00pm

Explore your options at our on-campus Masters and MBA [Open Evening](#) and discover the range of programmes on offer to both business and non-business graduates. Meet with faculty, students and our admissions team and attend a series of presentations.



UCDVO Early Bird Opportunity!

Don't wait till the last minute - [apply for the UCDVO Volunteer Programme 2025](#) by Friday 8 November, 2024, 5pm, and be entered into a draw to win a €200 voucher off your UCDVO flight costs with Selective Travel.

The UCD Student Update is published fortnightly on a Tuesday during the academic term by the [Communications Office, UCD Registry](#).